



Royal College of
Obstetricians and
Gynaecologists

Setting standards to improve women's health

BMS

Meeting the
challenge of
menopause

Postmenopausal Health

Joint RCOG/BMS Meeting

Tuesday 20 – Wednesday 21 April 2010

Why Attend?

- Hear presentations from leading experts on all current issues relating to Postmenopausal Health and the management of the menopause
- **Opportunity** to discuss topical and controversial issues with experts and colleagues
- **Theoretical** component of ATSM (compulsory for those undertaking this module)
- **Approved** theory course for the BMS/FSRH Special Skills in Menopause Advanced Certificate
- **Claim** a maximum of 12 CPD credits for full attendance

Who Should Attend?

- All Gynaecologists
- Family Planning Doctors
- General Practitioners
- SAS Doctors
- Specialist Nurses

Venue: Royal College of Obstetricians and Gynaecologists, London

OVERVIEW

This course endeavours to bring the delegate “state of the art” management of menopause. Nationally and internationally recognised speakers will cover the evidence base in important areas such as:

- Diagnosis and management of premature ovarian failure
- Osteoporosis and cardiovascular management
- Cognition and Alzheimer’s disease
- Interactive session on practical prescribing
- Alternatives to HRT

The meeting will closely follow the recommended syllabus of the BMS/RCOG Menopause Advanced Training Skills Module (ATSM). The course is valid for 3 years prior to completion of the practical component of the ATSM. Although intended primarily for consultants and senior trainees in obstetrics and gynaecology with a special interest in the menopause, the course will be of equal relevance and interest to general practitioners, specialist nurses and all other health care professionals who care for menopausal women.

Course Organiser: Mr Nick Panay MRCOG, London

Convenor of Meetings: Professor Basky Thilaganathan FRCOG, London

PROGRAMME

Tuesday 20th April

9.00am *REGISTRATION and REFRESHMENTS*

SESSION I: CULTURAL ISSUES AND MANAGEMENT

Chair: Mr Nick Panay

9.15am **Welcome and introduction to RCOG/BMS ATSM on the menopause**
Mr Nick Panay, Consultant Gynaecologist, Imperial College and Chelsea and Westminster Hospitals, London

9.30am **Cultural issues and the menopause**
Miss Joan Pitkin, Consultant Gynaecologist and Honorary Senior Lecturer, North West London Hospitals NHS Trust and Imperial College, London

10.10am **The role of allied professionals**
Ms Kathy Abernethy, Senior Nurse Specialist, Menopause Clinical and Research Unit, Northwick Park Hospital, Harrow, Middlesex
Dr Sarah Gray, Primary Care lead in Women’s Health, NHS Cornwall and Isles of Scilly

10.50am **Avoiding medico legal pitfalls**
Mr Nick Nicholas, Consultant Obstetrician and Gynaecologist, Women and Children’s Department, Hillingdon Hospital, Uxbridge, Middlesex

11.20am *REFRESHMENTS*

SESSION II: PREMATURE OVARIAN FAILURE (POF) AND PERIMENOPAUSE

Chair: Miss Joan Pitkin

- 11.50am **POF: Management of menopausal aspects**
Mr Nick Panay
- 12.20pm **POF: Fertility/ovarian ageing**
Mr Michael Savvas, Consultant Gynaecologist, Kings College Hospital, London
- 12.50pm **The perimenopause: Contraception and therapeutic options**
Dr Diana Mansour, Consultant in Community Gynaecology and Reproductive Health, Newcastle Sexual Health Service, New Croft Centre, Newcastle Upon Tyne
- 1.20pm **LUNCH**

SESSION III: PATHOPHYSIOLOGY OF MENOPAUSE

Chair: Mr David Sturdee, Chair, International Menopause Society (IMS), Consultant Gynaecologist and Senior Clinical Lecturer, Department of Women's Health, Solihull Hospital

- 2.20pm **Urogenital disorders**
Professor Linda Cardozo, Kings College Hospital, London
- 2.50pm **Psychosexual aspects/androgens**
Miss Claudine Domoney, Chelsea and Westminster Hospital, London
- 3.20pm **REFRESHMENTS**

SESSION III: PATHOPHYSIOLOGY OF THE MENOPAUSE – continued

Chair: Professor Linda Cardozo

- 3.50pm **Menopause symptoms**
Mr David Sturdee
- 4.20pm **Mood disorders – a historical and modern perspective**
Professor John Studd, Chelsea and Westminster Hospital, London and Past Chairman of BMS
- ASK THE PANEL**
- 4.50pm **Anything not clear on day one?**
Professor Linda Cardozo
Mr Nick Panay
Professor John Studd
Mr David Sturdee
- 5.20pm **CLOSE of DAY ONE**

Wednesday 21 April

9.00am **REFRESHMENTS**

SESSION IV: CARDIOVASCULAR AND SYSTEMIC DISEASE

Chair: Professor Mary Ann Lumsden, Professor of Medical Education and Gynaecology, University of Glasgow and Department of Reproductive and Maternal Medicine, Royal Infirmary, Glasgow

9.30am **Minimising cardiovascular risk**
tbc

10.00am **HRT and CHD – where to now?**
Dr John C Stevenson, Consultant Metabolic Physician and Reader, National Heart and Lung Institute, Royal Brompton Hospital, London

10.30am **Diabetes and other systemic diseases**
Professor Mary Ann Lumsden

11.00am **REFRESHMENTS**

SESSION V: ENDOMETRIUM/BONE/BREAST

Chair: Dr John C Stevenson

11.30am **Managing bleeding problems in the peri and post menopause**
Dr Edward Morris, Consultant and Clinical Director, Department of Obstetrics and Gynaecology, Norfolk and Norwich University Hospital

12.00pm **Osteoporosis detection, prevention and treatment**
Professor Juliet Compston, Department of Medicine, Addenbrooke's Hospital, Cambridge

12.30pm **HRT and breast disease**
Ms Jo Marsden, Consultant, King's Breast Care, King's College Hospital Foundation Trust, London

1.10pm **LUNCH**

SESSION VI: COGNITION/PRACTICAL MANAGEMENT

Chair: Mr Tim Hillard, Consultant Gynaecologist, Poole General Hospital

2.00pm **Memory/cognition/dementia**
Mr Anthony Mander, Consultant Gynaecologist, BMI Hospital, Rochdale

2.30pm **Practical problems and case histories**
Dr Sarah Gray

REGISTRATION FORM

Postmenopausal Health

Tuesday 20 – Wednesday 21 April 2010

Please read the section on General Information and Terms and Conditions on the rear of this brochure before completing this form

XDB

Registration Fee £360 (£313.04 + VAT @ 15%) on or before 31/12/09

(Please tick as appropriate) £360 + VAT at the prevailing rate after 01/01/10

Please note: VAT will be charged at the prevailing rate. We anticipate the rate of VAT will change on 1st January 2010 but at the time of printing this had not been confirmed. Updated registration fees including VAT will be published on the RCOG website in January 2010. If registering AFTER 1st January 2010, the prevailing rate of VAT will be added to the net price shown above.

I agree to the terms and conditions on the back of this brochure (please tick this box)

Signature..... Date.....

PERSONAL DETAILS

Title (Prof/Mr/Mrs/Ms/Dt/etc) _____

Surname _____

Forename(s) _____

Sex M F RCOG Registration No.
(if applicable)

FRCOG MRCOG DRCOG Retired Fellow/Member Other

Post _____

Department _____

Hospital _____

Address for correspondence _____
(BLOCK CAPITALS PLEASE)

Town _____

County _____ Postcode _____

Country (if not UK) _____

Is this your work address? Yes No

Daytime telephone number _____

Fax number _____

Email address _____

Special dietary needs (e.g. vegetarian) _____

How did you hear about this conference? _____

continued overleaf

REGISTRATION FORM (continued)

- I do not wish my hospital details to appear on the list of participants to be circulated at the conference *(please tick as appropriate)*
- I would not like to be contacted about future RCOG conferences and courses *(please tick as appropriate)*

PAYMENT DETAILS

- I enclose a cheque made payable to 'RCOG' for £ _____
- OR
- Please debit my credit card, as below

CREDIT CARD PAYMENTS

- Visa Eurocard Delta Mastercard Switch Maestro

Please note we regret we cannot accept payment by American Express and Visa Electron

Card Number:

Security code (last 3 digits on the signature strip on the back of the card):

Expiry Date: /

IMPORTANT – If paying by Switch: Issue Number: or Valid from date: /

PLEASE NOTE THAT WE CANNOT PROCESS YOUR REGISTRATION UNLESS FULL CARD DETAILS (INCLUDING SECURITY CODE AND THE ADDRESS THE CARD IS REGISTERED TO) ARE PROVIDED

IF YOUR REGISTRATION FEE IS TO BE PAID BY YOUR HOSPITAL AND/OR EMPLOYER,
WE WILL REQUIRE A REQUEST FROM THEM ON OFFICIAL LETTERHEAD
BEFORE WE CAN RESERVE YOU A PLACE

For the sum of £ _____
(amount in figures)

(amount in words)

Name and address of cardholder *(if different to details overleaf)* _____

Signed _____ Date _____

Alternatively you can register using your credit card on-line at www.rcog.org.uk/events

3.00pm *REFRESHMENTS*

SESSION VII: HRT AND ALTERNATIVES

Chair: Mr Anthony Mander

3.30pm **HRT – new preparations and regimens**
Mr Tim Hillard

4.10pm **Tissue specific/selective agents: Current and future therapies**
Professor Janice Rymer, Professor of Obstetrics and Gynaecology, King's College London School of Medicine

4.40pm **Complementary therapies – any new data?**
Professor Margaret Rees, Women's Centre, John Radcliffe Hospital, Oxford

ASK THE PANEL

5.10pm **Anything not clear on day two?**
Mr Tim Hillard
Mr Anthony Mander
Mr Nick Panay
Professor Margaret Rees
Professor Janice Rymer

5.40pm *CLOSE of CONFERENCE*

Sponsorship and Exhibition Opportunities

There are a wide range of sponsorship and exhibition opportunities available for this meeting, from sponsorship of the entire meeting, through to exhibition stands.

With interest high for exhibition places at RCOG events places are allocated on a first come first served basis.

Please contact Jessica Letters for further information
and to discuss the packages available:

Tel: 020 7772 6297 Email: jletters@rcog.org.uk

**Register before 31st December 2009
to take advantage of the lower VAT rate!**

REGISTER TODAY



www.rcog.org.uk/events

Fax: 020 7772 6388

Conference Office

Royal College of Obstetricians and Gynaecologists
27 Sussex Place, Regent's Park, London NW1 4RG

GENERAL INFORMATION and TERMS AND CONDITIONS

Venue

RCOG, 27 Sussex Place, Regent's Park,
London NW1 4RG. Tel: 020 7772 6200

Train: Marylebone Station – 10 minutes walk

Underground: Baker Street – 10 minutes walk

Parking: Regent's Park Outer Circle (pay and display),

NCP on corner of Park Road and Rossmore Road,

Tel: 0870 242 7144 for further information.

Fee and payment

The registration fee is £360 (£313.04 + VAT @ 15%) for all registrations received before or on 31st December 2009 and thereafter is £360 + VAT at the prevailing rate. All retired Fellows and Members of the RCOG are entitled to a 50% discount in the registration fee (please state if you are retired at the time of booking). The fee includes refreshments, lunch, admission to the lectures, any technical exhibition and drinks reception (where applicable) *for the registrant only*. You will receive confirmation of your registration within 14 days of receipt of your payment at the conference office. **Please note that you are not guaranteed a place until you receive this confirmation.** If applying after Tuesday 6 April 2010 you should telephone 020 7772 6245 to confirm that a place is available before posting your application form and payment.

Payment may be made by credit card using the form overleaf or via our website at www.rcog.org.uk/events. Alternatively payment may be made by cheque made payable to "R.C.O.G." Payments from abroad should be by international bankers draft or money order in sterling. Payment in other currencies will not be accepted.

Cancellations

Cancellations must be received in writing by **Tuesday 6 April 2010** before the event and be accompanied by a copy of your registration confirmation letter and receipt. An administrative charge of £25 will be made on all cancellations received before or on Tuesday 6 April 2010. We regret the College cannot refund fees after this date. Cancellations will be processed after the conference. Substitutions are welcome at any time.

In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any delegate travel and/or accommodation costs that have already

been incurred by the delegate, or any administration charges relating to cancellation of travel tickets or accommodation.

CPD

You may claim a maximum of 12 CPD credits for full attendance at this meeting. The rate of claim is 1 credit per hour excluding breaks.

This information is correct at the time of printing as, in view of the forthcoming revalidation process, there may be changes to the CPD programme in the future.

Data Protection Act

The details you provide on this form will be held and processed in order to administer your registration. Your name, department, hospital name and town will be included on the list of participants that will be issued to delegates, speakers, sponsoring companies and other interested parties involved in the conference.

We will keep your contact details on record in order to inform you of future RCOG conferences and courses. If you do not wish your details to be used in this manner, please tick the appropriate boxes on the registration form.

Accommodation

B&B

The following agencies specialise in reasonably priced private accommodation for medical professionals:

Housecalls Tel: 020 8742 7057, www.house-calls.co.uk
(from £29-£48/night)

Doctor in the House Tel: 020 8870 5949,
www.doctorhouse.co.uk (from £47/night)

HOTELS

Hotel Reservations can be made by calling
The Corporate Team on Tel: 020 7828 1075,
www.corporateteam.com/events/0150OG, quoting ID
Number 0150 OG in order to secure special rates
(from £65/night)

Danubius Regents Park, Lodge Road, London NW8,
Tel: 020 7722 7722

From £120 per night for a single room. You must ask for this special RCOG rate when booking your accommodation.